STAGEREADY ACADEMY

BE PREPARED. BE CONFIDENT. BE STAGEREADY.

WEEKLY SCHOOL



Be Prepared. Be Confident. Be StageReady.

Why StageReady?

At StageReady Academy, we believe every young performer deserves access to **industry-level training** in an inspiring, supportive environment. Our mission is to help students discover their potential, grow in confidence, and gain the skills they need to shine — whether on stage, in an audition, or in everyday life.

What Makes StageReady Different

- Professional Tutors: Learn from experienced industry professionals trained performers, choreographers, and vocal coaches who have worked on West End, touring, and international stages.
- **Triple Threat Training:** Weekly sessions in **singing, acting, and dance** give every student the tools to become a versatile performer ready for the modern performing arts industry.
- Small Class Sizes & Personalised Feedback: We nurture individual talent and confidence, providing tailored guidance to support each student's artistic and personal growth.
- Performance Opportunities: Each term includes a focused project designed to push every student's creativity and progression. Termly showcases allow students to perform for a live audience, developing confidence, professionalism, and stage presence.
- Industry Connections: From West End workshops to Drama School Panellist Days, students gain direct insight into the professional world of theatre, TV, and musical performance.
- **Pathways to Success:** Our staged training model Foundation, Developing, and Pre-Professional ensures steady progression with the right balance of challenge, technique, and inspiration.



The StageReady Promise

We don't just train performers — **we build confidence, creativity, and resilience.** Whether your dream is the West End, drama school, or simply becoming a more confident young artist, StageReady gives you the tools, experience, and belief to make it happen.

Stage 1: Foundation Stage

Ages 11-13 | £320 per term

"Building the Foundations for Confident, Skilled Performers"

Designed for young performers beginning their professional journey, the Foundation Stage focuses on developing strong core skills across **Singing, Acting, and Dance.**

Students attend three one-hour sessions each week, led by professional tutors who guide them through a structured, exciting training programme.

Focus Areas

- Develop core technical skills across all three disciplines
- Build confidence, discipline, and ensemble awareness
- · Learn professional rehearsal etiquette and industry terminology
- · Foster creativity, teamwork, and personal expression



DANCE: Core Movement & Technique

Technical Skills

- Posture and alignment fundamentals
- Ballet technique: barre work, pliés, tendus, jetés, and balance control
- Jazz technique: isolations, kicks, turns, corner work, and combinations
- Musical Theatre dance: storytelling through movement
- Introduction to contemporary dance and expressive physicality

Performance & Style

- Learning choreography accurately and confidently
- Spatial awareness and group formations
- Musicality: timing, rhythm, and performance energy
- Building staming, strength, and flexibility

Professional Practice

- Warm-up and cool-down discipline
- Safe dance practice and injury prevention
- Audition etiquette and stage presence
- Understanding dance terminology

SINGING: Healthy Technique & Vocal Foundation

Technical Foundations

- Posture, breathing, and vocal placement
- Understanding registers (head, chest, and mix)
- Pitch accuracy and ear training
- Articulation and diction
- Opportunity to submit for LAMDA Musical Theatre Exams (Grades 3-4)

Musical & Stylistic Skills

- Harmony and ensemble singing
- Basic sight-singing and rhythm reading
- Storytelling through song and lyric interpretation
- Exploring musical theatre repertoire across eras

Performance Skills

- Microphone technique and projection
- Solo and small group performance confidence
- Emotional connection and stage presence
- Understanding key vocal styles: belt, legit, mix

Vocal Health & Professionalism

- Warm-up and cool-down routines
- Maintaining vocal health and hydration
- Managing performance nerves



ACTING: Confidence, Creativity & Character

Core Acting Skills

- Voice and speech: projection and clarity
- Physical awareness and expressive movement
- Character creation and motivation
- Improvisation and ensemble collaboration
- Script work and subtext analysis
- Opportunity to submit for LAMDA Acting Exams (Grades 3-4)

Performance & Text Work

- Monologue and duologue performance
- Acting for stage vs. screen
- Modern and classical text exploration
- Devised and ensemble storytelling

Theatre Styles & Practitioners

- Naturalism (Stanislavski basics)
- Physical Theatre (Frantic Assembly-inspired work)
- Ensemble and chorus performance
- Introduction to comedy and tragedy

Professional Practice

- Audition basics and cold reading
- Stage direction and audience awareness
- Rehearsal discipline and teamwork
- Reflective practice and peer feedback

INTEGRATED PERFORMANCE SKILLS

- Combining singing, acting, and dance in short musical scenes
- Learning smooth transitions between disciplines
- Understanding storytelling through multiple mediums
- Performing excerpts from age-appropriate musical theatre works

Personal & Creative Development

- Building confidence and resilience
- Setting and reviewing personal goals
- Encouraging leadership and teamwork
- Reflective evaluation and peer feedback

End-of-Year Outcomes

- End-of-year showcase performance
- Individual progress report
- Certificate of completion and progression to Developing Stage
- Optional LAMDA Acting or Musical Theatre Exams
- Professional headshots and eligibility for agency submissions







Stage 2: Developing Stage

Ages 14-16 | £360 per term

"Developing Technique, Expression, and Professional Readiness"

Building upon the Foundation Stage, this level prepares students for **GCSE**, **BTEC**, or **College-level Performing Arts training**.

Students advance their technical precision, creative expression, and professional discipline.

Focus Areas

- Deepen technical and expressive skills across all disciplines
- · Strengthen performance stamina and stylistic versatility
- Experience assessment-style tasks mirroring college auditions
- Build ensemble collaboration and leadership skills



DANCE: Expanding Technical Mastery

- Advanced jazz and ballet integration
- Faster choreography retention and performance polish
- Tap, commercial, and contemporary fusion
- Partnering and lift technique fundamentals
- Understanding style and context in choreography

SINGING: Style, Harmony & Interpretation

- Expanding range and vocal control
- Advanced harmony and ensemble balance
- Detailed lyric interpretation and emotional connection
- Exploring pop/rock MT, legit, and contemporary styles
- Developing audition repertoire for college entry

ACTING: Style, Harmony & Interpretation

- Advanced character analysis and motivation
- Full-length script and dialogue study
- Understanding beats, objectives, and subtext
- Practitioner-led devising (Frantic Assembly, Brecht)
- Acting through song and integrated musical scenes

Professional Development

- Professional rehearsal conduct
- Building a performance portfolio
- Mock auditions with professional feedback
- LAMDA Grades 5-6 opportunities

End-of-Year Outcomes

- Full-length showcase with solo and ensemble work
- Personalised progress report and next-step guidance
- Readiness for Pre-Professional Stage or Post-16 study
- Professional headshots and agency preparation



Stage 3: Pre-Professional

Ages 16-18 | £400 per term

"Preparing for Drama School and Professional Auditions"

Designed for advanced students ready to take the next step into professional or conservatoire training, the Pre-Professional Stage delivers intensive, conservatoire-style sessions across **Singing, Acting,** and **Dance.**

Focus Areas

- Refine technical excellence and artistry
- Prepare for Drama School and industry auditions
- Build professional resilience and creative independence
- Work with visiting West End and industry professionals



DANCE: Technical Strength & Stylistic Range

- Advanced jazz and ballet conditioning
- Commercial, contemporary, and MT choreography
- Partnering, lifts, and stamina building
- Mock dance calls replicating drama school auditions
- Individual feedback and stylistic development

SINGING: Professional Technique & Repertoire

- Advanced breath control and phrasing
- Belt, mix, and legit styles with authenticity
- Solo repertoire for auditions
- Acting through song: connecting lyrics and emotion
- Recording and microphone work
- Optional LAMDA Grades 7-8 (Acting/Musical Theatre)

ACTING: Truth, Technique & Audition Readiness

- Classical and contemporary monologue mastery
- Advanced scene study and emotional depth
- Practitioner-led workshops (Stanislavski, Meisner, Uta Hagen)
- Screen acting and self-tape training
- Improvisation, interview, and cold read practice

Industry Preparation

- Mock audition panels with professional feedback
- Portfolio and repertoire book development
- CV and headshot guidance
- Guest sessions with West End performers and agents
- Understanding contracts and professional pathways

End-of-Year Outcomes

- Professional industry showcase
- Personalised audition portfolio and showreel
- Certificate of completion and progression to conservatoire or professional training
- Representation guidance and networking opportunities





Exclusive StageReady Opportunities

All StageReady Weekly School students will have the chance to work with **current West End professionals** in exclusive workshops throughout the year, gaining first-hand experience of industry practice and inspiration from active performers.

Students also take part in **Drama School Panellist Days**, performing for and receiving feedback from leading conservatoire tutors — ideal preparation for future auditions.

As valued members of StageReady, all students enjoy 10% OFF Easter and Summer Schools and can purchase their own customised StageReady T-Shirt, proudly representing the StageReady community both in and out of the studio.



StageReady Academy

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